

Extension Activity in Adopted village organised in collaboration by departments of English, Assamese and Statistics

Awareness Program On

The Role of Parents and Guardians in Fostering Mental Excellence of Students


On 29th June 2024, an extension activity was organized in Palasani village which is an adopted village of Nagaon G.N.D.G. Commerce College. The departments of English, Assamese and Statistics collaborated to arrange an awareness program for the parents and guardians of the students of Palasani L.P. School to enlighten them about their very crucial role in promoting the mental excellence of their wards.

After the session was inaugurated by the head mistress of the school Smt. Deepa Bora in the presence of the president of Palasani Mahila Samiti the objective of the program was explained by Dr Jonali Sharma from the department of English. Mrs Priyambada Saikia Bora, retired HOD of the department of Assamese was invited as the resource person. After the felicitation of the guests was conducted by Mr Bhupesh Tumung, HoD of the department of Assamese, the resource person elaborated on the topic and said that parents and guardians play a pivotal role in promoting the mental excellence of their wards. In addition to providing the basic needs they must support their children emotionally and encourage them with a stable environment at home. As parents they must actively participate in their formal and informal education and encourage open communication with them. They should also make their wards realize the necessity of spiritual wellness and meditation which can be a healthy coping strategy for their physical weaknesses. Their support and guidance can help students to enhance resilience, build self-esteem and develop positive attitude towards life and learning.

The well attended session concluded after the students of the primary school performed a very invigorating and attractive musical and dance programme. The HoD of the department of Maths and Statistics Mrs Bijumoni Pathak offered the vote of thanks to everyone present in the program.




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