

Celebration of International Yoga Day

On 21st June, 2025

At

Nagaon G.N.D.G. Commerce College

On 21st June, 2025, the NCC and NSS Unit of Nagaon G.N.D.G. Commerce College observed International Yoga Day – 2025 in association with Vivekananda Kendra Kanyakumari, Assam frontier Nagaon Section.

The programme was started by the lighting of lamp by Dr. Mriganka Saikia, Principal of the College accompanied by the members of Vivekananda Kendra Kanyakumari, Assam frontier Nagaon Section. Later the Principal along with NCC Cadets, NSS volunteers and other students, other college staff and members from Vivekananda Kendra Kanyakumari, Assam frontier Nagaon Section took participation in the programme by performing yoga asana as per common yoga protocol of the AYUSH Ministry. The Yoga session was carried out under the supervision of Yoga expert Sri Bhuvan Sarmah Bordoloi.

However, the college yoga trainer Prof. Krishna Kamal Das conducted a yoga session separately for the NCC cadets on the occasion.



Mriganka Saikia
PRINCIPAL
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